

CHATTANOOGA ■ I M A G I N G

(423) 553-1234

Your appointment is scheduled for: Date _____ Time _____

Type of ultrasound _____ Ordering physician _____

Diagnosis _____

Copy of report sent to _____

Thank you for choosing Chattanooga Imaging. The following information will assist you in understanding your diagnostic procedure.

ULTRASOUND

What Is an Ultrasound?

Ultrasound, also known as sonography, is an imaging method in which high-frequency sound waves are used to outline a part of the body. The sound wave echoes are picked up and translated by a computer into an image that is displayed on a computer screen. No radiation exposure occurs during this test.

What To Expect

The scan takes 30 minutes. During the ultrasound you will lie on a table and remain still, and the technologist will move an instrument across your skin. Ultrasound is a painless procedure. The images will be sent to a radiologist to be interpreted. The radiologist will compare these images to any previous studies you may have had and will send a report to your physician.

Patient Preparation

The following ultrasound procedures require specific preparation:

- **Abdominal ultrasound:** Nothing to eat or drink after midnight.
- **Retroperitoneal ultrasound (kidney, bladder):** You will be asked to drink 24 oz. of water one hour before exam time and to hold your bladder until the exam is complete.
- **Obstetrical ultrasound:** You will be asked to drink 24 oz. of water 30 minutes before exam time and to hold your bladder until the exam is complete.
- **Pelvic ultrasound:** You will be asked to drink 36 oz. of water 30 minutes before exam time and to hold your bladder until the exam is complete.
- **Breast ultrasound:** Please wear a two-piece outfit. No other preparation is needed.
- **Renal artery ultrasound:** You will be given anti-gas pills to take the evening before and the morning of your exam. You will be asked to drink 24 oz. of water 30 minutes before exam time, and you can empty your bladder as needed.

If you have any questions regarding your exam, please call us.

Thank you for choosing

CHATTANOOGA ■ I M A G I N G